

**Which Week?**

This Week: Monday 24th June (Week 1)

Next Week: Monday 1st July (Week 2)

Sixth Sense

UCAS

Discovery**Day: Tues**

With the key focus for this week being Tuesday's UCAS Discovery Day event at the NEC, I just wanted to remind you of the seminar line-up at the event in order for you to identify something of interest that are always well worth pausing to watch.

The Q&A stage is in the back corner of the conference hall (again, I have included a map showing where each university is located on page 3 of the Sixth Sense).

Key Information:

- Meet outside **Hall 12**.
- Time your journey to **arrive by 9.15am**.
- Either **bring lunch and drink** with you or come equipped to purchase this at the venue. Please be aware of the additional expense or buying food and drink at a venue like this where they often, more expensive than usual.
- In the event of an emergency, use the temporary TGAK mobile number of 07709711671 number to contact the Visit Leader, Mr Bowers during this time.

TUESDAY 25 JUNE: THE BIG Q&A - LINE UP

09:50 – 09:55	The Big Q&A: What's on and what to ask
10:00 – 10:15	Your options explained: How to figure out what's right for you
10:20 – 10:35	Choosing the right course and Uni for you
10:40 – 10:55	What is an apprenticeship and is it right for me?
11:00 – 11:15	How to stand out: The UCAS application and personal statement tips
11:20 – 11:35	Student finance explained
11:40 – 11:45	The Big Q&A: What's on and what to ask
11:50 – 12:05	Your options explained: How to figure out what's right for you
12:10 – 12:25	Subject Spotlight: Psychological, Social, and Behavioural Sciences
12:30 – 12:45	What is an apprenticeship and is it right for me?
12:50 – 13:05	How to stand out: UCAS application and personal statement tips
13:10 – 13:15	The Big Q&A: What's on and what to ask
13:20 – 13:35	Your options explained: How to figure out what's right for you
13:40 – 13:55	Student life
14:10 – 14:25	How to stand out: UCAS application and personal statement tips
14:30 – 14:45	What is an apprenticeship and is it right for me?

IT'S YOUR
TIME TO
shine

With the departure with all but several BTEC students finishing off their qualification, the baton now passes to you as Year 12 students in the final phase of the academic year to 'push through to the end' at a point where students may be 'tricked' into slowing down for the summer.

Every moment counts in Sixth Form, and with less than an academic year to go until you are in a similar position, having an attitude that shows you are ready to study in a responsible manner, every day at the Academy is the only way of demonstrating this respect towards yourself and your aspirations.

**Friday 28th June**

Just a reminder that Friday is a staff training day. All students return Monday 1st July at 8.30am.

National Online Safety: Sharing Kindness Online

Last year, around one in five children of secondary school age in England and Wales admitted experiencing online bullying: most commonly being insulted or sworn at, or having hurtful messages sent about them. To a child who's being bullied, the world can seem like a bleak, negative place – but just one kind word can be a ray of hope: a turning point that brightens someone's day and resets their perspective. It also costs you nothing to do!

In the guide on page 2, you'll find tips such as reaching out, thinking before commenting and recommending fun things as a way of beating online bullying by replacing it with kindness.



10 Ways You Can SHARE KINDNESS ONLINE

Last year, around one in five young people aged 10–15 in England and Wales admitted experiencing online bullying: most commonly being insulted or sworn at, or having hurtful messages sent about them. To someone who's being bullied, the world can seem like a bleak, negative place – but just one kind word can be a ray of hope: a turning point that brightens their day and refreshes their perspective. That's why 'One Kind Word' is the theme of Anti-Bullying Week 2021. We're supporting this year's event by bringing you ten top tips for beating online bullying by replacing it with kindness.

1 PRAISE WHERE IT'S DUE

Sometimes a friend or relative might post online about something they're proud to have achieved: maybe an exam they've passed, a new skill they've learned or a task they've completed. Celebrate their hard work and determination by being kind enough to praise them for it publicly.

2 REACH OUT

It's not always easy to tell what kind of mood someone is in just from what they post online. Simply dropping somebody a message to say 'hi', to ask if they're OK or to tell them that you're thinking of them could totally make their day.

3 RECOMMEND FUN THINGS

If there's something you enjoy doing online – perhaps you play a particular game, or you've found a really cool site – share it with someone you think will enjoy it. Even recommending a film or TV show you think they'll like can bring a little happiness to someone who really needs it.

4 OFFER TO HELP

Sometimes you might see a friend or family member posting a question online or asking for help with something they can't do themselves. Don't just ignore it – if you can help, get in touch. Something that's difficult for them might be no trouble for you!

5 POST POSITIVELY

Lots of people seem to go online purely to complain about things or be negative. Just because you're communicating online (and not face to face) doesn't mean you can't be positive, though! Post about things that make you happy and that you're thankful for. It could brighten someone else's day.

Meet Our Expert

Carly Page is an experienced technology journalist with more than 10 years of experience in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



6 SHOW YOUR APPRECIATION

If somebody that you know has done something positive or shown kindness themselves, go online and thank them with a message or a post. Expressing your gratitude costs nothing and showing someone that you appreciate them will really make them feel good.

7 BE UNDERSTANDING

Showing empathy towards others is an act of online kindness which often gets overlooked. If you notice that someone you know is upset, drop them a message. Sometimes people just need someone else to listen to them and understand their situation.

8 SHARE INSPIRATIONAL POSTS

When you see something online that inspires you or makes you feel happy, share it with people you know. A spot-on quotation, a beautiful photo or an uplifting video can lift someone's spirits and help them to feel better about life.

9 THINK BEFORE COMMENTING

Thinking before we act can be just as important as acting in the first place. Taking a second to consider what you're saying in advance could stop you from posting something negative, hurtful or offensive – even if you don't mean to. It's better to post positively or not post at all.

10 LIKE, LOVE AND ENGAGE

If somebody posts something that you like on social media, don't just scroll past – take the time to like it, love it or leave an appreciative comment! Reacting positively to other people's posts might seem like a small gesture but could mean a lot to them.

WHO WILL YOU TALK TO FIRST? GET READY TO ASK YOUR QUESTIONS.

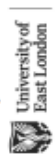
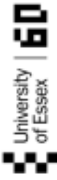
UNIVERSITIES & COLLEGES

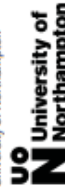
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Discover your degree course at the UK's #1 University for Student



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STUDENT LIFE

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UCAS DISCOVERY UK TOUR

THE BIG Q&A

in association with HELOA

BOOKING NOW 2024

EVENT GUIDE



SUBJECT TASTERS

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Coveentry University - Psychological, Social and Behavioural Sciences	S1
Leeds Trinity University - Biomedical Science	S2
University of Wolverhampton Faculty of Science & Engineering (FSE)	S3

INFORMATION & GUIDANCE

UCAS



Exhibitor list and floor plan are correct at the time of printing. Some exhibitors may have moved or changed their location for the day of the event.