



Sixth Sense

Which Week?

This Week: **Tuesday 30th Jan (Week 2)**

Next Week: Monday 5th Feb (Week 1)

Reminder, We're Closed...
Staff Training Day

Monday 29th January

ALL students return as normal on **Tuesday** at 8.30am.



Recommendation of the week (Wellbeing/ Lifestyle): 'Life Kit' Podcast

This week's recommendation provides a little something for everyone.



Everyone needs a little help being a human. From sleep to staying focussed, fit and more, host Marielle Segarra talks to experts to get the best advice out there in a bitesize type chunk for normally 15-20 minutes. Once you have made your way past some of the initial adverts that help to keep the podcast free on spotify, apple or NPR's website, you are left with a calm, expert-led and interesting podcast that cover a really diverse range of topics through a catalogue of 750+ episodes.

This is definitely a podcast to bookmark and dip into and out of depending on the content of the week's podcast episode? In 2024, they have already covered "soothe stress in minutes", "Fitness as your body fluctuates", "Popular myths about sleep, debunked" (really interesting!) and "Freshen up your resume/cv".

The episode can be found via your favourite podcast provider or by following this link: <https://www.npr.org/lifekit>.



Image: barbed wire fences at Auschwitz-Birkenau © Chris Jackson / Getty

Holocaust Memorial Day

The 27th January each year marks Holocaust Memorial Day. This year it therefore occurred on the Saturday that has just passed. Holocaust Memorial Day is an international day of

commemoration for people to remember the millions of people murdered in the Holocaust, under Nazi Persecution, and in the genocides which followed in Cambodia, Rwanda, Bosnia, and Darfur, all of which will be covered as part of this week's Tutor Time activity.

Every year the Holocaust Memorial Day Trust present a theme, that this year is "Fragility of Freedom" and they introduce their theme as follows:

"Freedom means different things to different people. What is clear is that in every genocide that has taken place, those who are targeted for persecution have had their freedom restricted and removed, before many of them are murdered. This is often a subtle, slow process. The ten stages of genocide, as identified by Professor Gregory Stanton, demonstrate that genocide never just happens. There is always a set of circumstances which occur, or which are created, to build the climate in which genocide can take place and in which perpetrator regimes can remove the freedoms of those they are targeting.

Not only do perpetrator regimes erode the freedom of the people they are targeting, demonstrating how fragile freedom is, they also restrict the freedoms of others around them, to prevent people from challenging the regime. Despite this, in every genocide there are those who risk their own freedom to help others, to preserve others' freedom or to stand up to the regime.

Holocaust Memorial Day (HMD) 2024 marks the 30th anniversary of the genocide against the Tutsi in Rwanda. 49 years after the Holocaust ended, 19 years after the genocide in Cambodia, the world stood by as Hutu extremists shattered the fragile freedom in Rwanda, following decades of tension and violence, culminating in the murder of over one million Tutsis in just one hundred days."

<https://www.hmd.org.uk/what-is-holocaust-memorial-day/this-years-theme/>

Year 13 A Level Mock Exam Timetable



The second mock examination window for both Year 13 A level students (and Year 11 students), takes place immediately after February Half Term, from Monday 19th February, through to Monday 26th February for Year 13 students (although the Year 11 exams extend beyond this. Please look for the 'YELLOW' entries on the following page to identify which subject occurs where. All of you will also receive your own copy of the exam timetable and schedule as normal in the coming week.

**MOCK EXAMS
IN PROGRESS**

SC006

Key	YEAR 11 MOCK EXAM				YEAR 13 MOCK EXAM			
WEEK-1								
	EXAM	Minutes	Year	Venue	EXAM	Minutes	Year	Venue
Monday 19th February	OCR Computer Science Paper 1	90	11	Sports Hall	BTEC Child Development - Component 3	120	11	Sports Hall
	AQA Spanish Writing	60 Foundation / 75 Foundation	11	Sports Hall	AQA Psychology Paper 1 - Introductory Topics in Psychology	120	13	Sports hall
	AQA English Literature A - Paper 2 (partial)	90	13	Sports hall				
Tuesday 20th February	AQA Business Paper 2 (Influences of marketing and finance on business activity)	105	11	Sports Hall	BTEC Health and Social Care - Component 3 (1 Paris clash)	120	11	Sports Hall
	AQA Dance	90	11	Sports Hall	OCR History - Civil Rights in the USA 1865–1992	150	13	Sports hall
	AQA-Biology Paper 1	120	13	Sports hall				
	AQA Business Studies - Paper 1	90	13	Sports hall				
Wednesday 21st February	AQA Spanish Listening (followed by Reading)	35 Foundation / 45 Higher	11	Sycamores 1 / Sycamores 2	OCR Computer Science Paper 2	90	11	Sports Hall
	AQA Spanish Reading	45 Foundation / 60 Higher	11	Sycamores 1 / Sycamores 2	Edexcel Advanced Mathematics Paper 1	120	13	Sports hall
	Intervention Exams for students on Paris educational visit - Business (1) / Dance (2) / Spanish Writing (3)	105 (Business) / 90 (Dance) / 75 (Spanish)	11		OCR History - Late Tudors 1547-1603	90	13	Sports hall
	AQA Chemistry - Paper 1	120	13	Sports hall				
Thursday 22nd February	AQA English Literature - Paper 1	105	11	Sports hall	Edexcel-Maths Paper 1-Non Calculator - Foundation / Higher	90	11	Sports hall
	AQA Psychology Paper 2 - Psychology in context	120	13	Sports hall				
Friday 23rd February	AQA English Language - Paper 1	105	11	Sports hall	AQA-Combined Science-Biology Paper 1	75	11	Sports hall
	OCR History - Cold War 1941 - 1991	60	13	Sports hall	AQA-Biology Paper 2	120	13	Sports hall
	Edexcel Advanced Mathematics Paper 2	120	13	Sports hall	AQA Business Studies - Paper 2	90	13	Sports hall
Week 2								
Monday 26th February	AQA Combined Science - Chemistry Paper 1	75	11	Sports hall	Edexcel Maths Paper 2- Calculator - Foundation / Higher	90	11	Sports hall
	AQA Chemistry - Paper 2	120	13	Sports hall	AQA Psychology Paper 3 - Issues and Options in Psychology	120	13	Sports hall
Tuesday 27th February	Edexcel Maths Paper 3 - Foundation / Higher	90	11	Sports hall	AQA Combined Science-Physics Paper 1	75	11	Sports hall
Wednesday 28th February	Edexcel-History-Medicine in Britain	75	11	Sports hall	Psychology Paper 1 - Cognition and behaviour	105	11	Sports hall
Thursday 29th February	AQA-Geography Paper 2 - Challenges in the human environment	90	11	Sports hall	Edexcel History - Norman Conquest	55	11	Sports hall
Friday 1st March	Edexcel History - Weimar and Nazi Germany, 1918–39	80	11	Sports hall	Eduqas Design and Technology - Design Technology in the 21st Century	120	11	Sports hall
Week 3								
Monday 4th March	Psychology Paper 2 - Social context and behaviour	105	11	Sports hall	BTEC Level 1/2 Tech Award in Sport - Component 3	90	11	Sports hall
Tuesday 5th March	OCR Art and Design	150	11	D301, D315	OCR Art and Design	150	11	D301. D315